

Uses of Marigold Flower

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Marigold, the only flower which is fully packed with sunshine. We all know marigolds may not be charming or romantic, orchids and roses, marigolds have a major use which has an appeal of festivals. This flower makes its presence in religious ceremonies, weddings, funerals or many occasions. Apart from the decoration by marigold, it has many uses for health and wellness. An ancient healer spoke, marigold flowers had medicinal uses for thousands of years, the medical science recognizes the health benefits from marigold flowers. Marigolds are a big part of these Indian festivals. Marigolds are commonly originated in Mexico and have been used in India for barely 350 years. Everyone knows little about it. We are here to tell you the amazing clinical uses of flower marigold India.

Uses Of Marigold Flowers

Common Uses

- Decoration
- Garlands
- Hindu festivals
- Making teas

- Marigold oil
- Balms
- Ointments
- Ornaments
- Organic Colors
- Face packs

Medicinal Uses

- Natural Antiseptic
- Antioxidant Properties
- Skin Healing
- Treating Eye Inflammation
- Solution For Sore Throat
- Relieves Piles
- Relieves Menstrual Cramps
- Cancer Prevention
- Natural Bug Repellant

Why Are Marigolds Used in Pooja and Festivals?

Many flowers are offered to gods, Lord Ganesha is believed in red, yellow, and orange flowers, and the marigold flower is one of them. This is the only flower that can be used in the form of petals. Marigold flower spreads positivity and give a lesson to grow with small leaves. This provide meaningful lesson; it is very special.